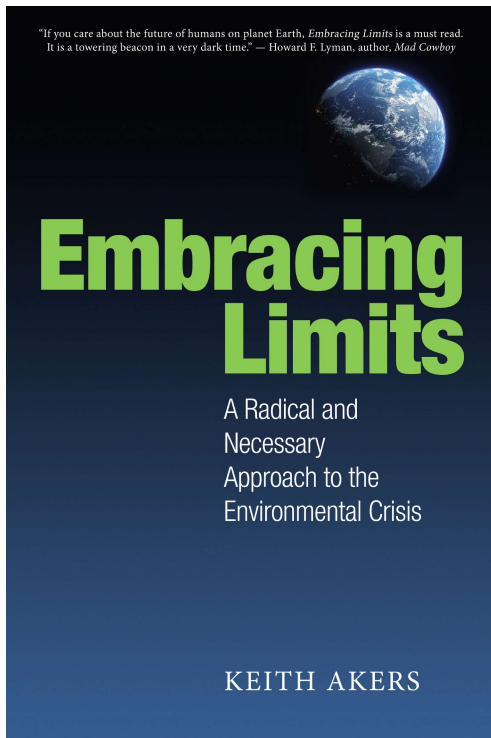


RADICAL MEASURES ARE NECESSARY



Embracing Limits:

A Radical and Necessary Approach to the Environmental Crisis

By Keith Akers

Earth Animal Trust, 2023. 384 pages, including bibliography and index. Retail price: \$25 paperback, \$9.99 ebook. Available at [Amazon.com](https://www.amazon.com) (retail) and through [IngramSpark](https://www.ingramspark.com) (wholesale). [More details here.](#)

If you've ever wondered where we're headed, and what a truly sustainable future might look like—*Embracing Limits* is the book for you.

Today's civilization is like a kid with a credit card, thinking the party will never end. Politically speaking, there are no adults in the room. Perhaps there never were. We must substantially reduce personal consumption, substantially reduce human population, and drastically reduce or eliminate livestock agriculture.

We, all of us, need to make massive changes, *now*.

WHAT PEOPLE ARE SAYING:

“If you care about the future of humans on planet earth, *Embracing Limits* is a must read. It is a towering beacon in a very dark time.” — Howard F. Lyman, Author, *Mad Cowboy*

“Wow. This amazing book deserves a careful, slow reading . . . It's full of alarming facts, but also proposes some outside the box solutions that I pray current and future generations will take to heart.”

— Seth Tibbott, Founder and Chairman of The Tofurky Company

KEITH AKERS is a writer, speaker, and activist. In addition to *Embracing Limits*, he's also the author of *Disciples*, *The Lost Religion of Jesus*, and *A Vegetarian Sourcebook*. In his former life as a computer consultant, he worked on projects with the US Departments of State and Education, American Management Systems, Bell Atlantic Nynex Mobile (now Verizon), and others.



Keith Akers is available to speak, virtually or in person, on a variety of topics related to the environmental crisis, plant-based diets, and economic degrowth. Email: keith@compassionatespirit.com / Website: <https://compassionatespirit.com/>.

In order to save our planet Earth, we must have a collective awakening. Individual awakening is not enough. — Thich Nhat Hanh